



**BEECH LODGE**  
**SELF CATERING LOG CABIN**

**GUEST INFORMATION**



Dear Guests

We wish you a warm welcome to Beech Lodge Log Cabin.

This guest information book provides you with all the information you should need in order to enjoy a comfortable & relaxing stay with us. As well as in-house information we have provided details on local restaurants, attractions, taxis & public services which we hope will be informative and of use to you.

This book also provides a complete access statement for the whole log cabin providing all internal, a complete procedure for use of the hot tub which we ask guests to read carefully before use to ensure a safe and enjoyable time in the hot tub.

An Inventory is taken prior to each arrival and can be asked for on request. The inventory will be checked after departure and any losses or damages will be charged at the item price with contact to yourself should this be the case. The inventory items will always be present in Beech Lodge, however should you find any problems at with such please just let us know and we can replace or provide as necessary. We simply ask that guests act with consideration with all that we supply at Beech Lodge so that future guests can continue to enjoy their stay also,

If you require assistance during your stay simply come to the main House The Steadings Bed & Breakfast & use the front door bell, or should we be out please contact us on 07885533850, you can contact via text, WhatsApp or phone, however if we are out on personal time we cannot always guarantee a signal so message is good to back up an unanswered call and we shall respond as soon as we receive signal. In the event of an emergency you should contact the relevant emergency services as noted.

We appreciate all your comments & suggestions & would invite you to also leave a comment in our Visitors Book located in the Guest Lounge before you depart.

We hope that you enjoy your stay with us & should you need anything at all just ask.

Haste Ye Back

Kirsty & Calum



### **COVID-19 (Coronavirus) Policy & Procedures as @ July 2020**

The health, safety & security of all our guests, employees, residents here at Rameldry Log Cabins and the local community is our highest priority. Please take a moment to take note of how we are providing a safe environment to welcome you and enjoy during your stay and those around us too.

**PLEASE NOTE ALL COVID-19 (Coronavirus) POLICES ARE BASED ON CURRENT UK & SCOTTISH GOVERNMENT GUIDELINES AND ARE CONSTANTLY BEING REVIEWED BASED ON THE LATEST ADVICE. WE ASK THAT ALL GUESTS TAKE THE TIME TO READ THIS GUEST INFORMATION IN FULL PRIOR TO THEIR STAY**

Here at Beech Lodge we have always operated to a high standard to ensure our accommodation & public spaces are clean and safe for our customers. Due to COVID-19 below are detailed the additions to ensure safety during the COVID-19 Pandemic and are based on the regulations and guides given by the Scottish Government.

Here at Beech Lodge & The Steadings we have taken and will continue to in respect of any future changes, the appropriate measures to reduce the risks from COVID-19 (Coronavirus) to our guests, employees, residents here at Rameldry Log Cabins and members of the local community.

This section of the Guest Information Booklet forms part of our risk assessment and outlines equipment and procedures that have been put into place to reduce the risk of infection & demonstrate that we offer an environment that is always safe for everyone.

#### **IN SUMMARY THIS INCLUDES:**

- A full cleaning protocol checklist for all indoor guest accommodation, hot tub and surrounding areas and communal areas is completed at each turnaround between each guest stay. This is signed and kept on file and can be requested to be seen or a PDF copy to be sent to guests should they require.
- Full PPE is worn by staff during all turnaround cleaning periods, consisting of mask, gloves (changed for each area as per government cleaning protocol stated above), disposable apron, full use of hand sanitizer before, during and after when gloves are changed.
- Hand sanitizing gel and handwash is in both the main kitchen/living area and the WC/shower room of Beech Lodge Log Cabin, we ask guests to use this consistently through out their stay in line with public guidelines by the Scottish Government.
- Implementing procedures and protocols to limit social contact where the 2metre (subject to change as per Scottish Government Guidelines) cannot be implemented.
- Contactless check in. Cabin will be unlocked, and the key will be hanging up inside. A check in tour by way of video will be sent by text or WhatsApp to all guests prior to arrival to familiarise them with the cabin and various elements such as heating, emergency lighting, kitchen operations and hot tub use and maintenance as required throughout their stay.



- Contactless payment by phone or payment email link prior to arrival.
- Contactless registration for test, trace and protect, sent to guest in DocuSign format by email for electronic signature. On receipt will be kept in paper and electronic format for records.
- Contactless hot tub rule disclaimer form sent to guest in DocuSign format by email for electronic signature. On receipt will be kept in paper and electronic format for records.
- Contactless check out, guest will be instructed to leave key where it was on arrival, text owner on time of leaving and 2mtr social distance rule, subject to change by Scottish Government, farewell will be given.
- All staff when dealing with guests face to face will wear face masks and observe the social distance 2mtr rule, subject to change by Scottish Government.

**The COVID-19 (Coronavirus) Pandemic has affected life as we have known it for all of us. We hope that your stay with us provides a much needed and enjoyable relaxing break. We aim to ensure that each guest enjoys there stay and always feels safe and secure considering this Pandemic.**

**We as owners and operators will do everything in our mean as detailed above and beyond such to ensure all measures and protocols are being met and carried out. We would like to ask you our guests to adhere to the following before arrival and during your stay with us, this is not only to keep you and your party safe but to ensure the safety of everyone around you, our staff and future guests:**

- Please follow the governments advice to avoid catching or spreading Coronavirus. This includes washing our hands regularly, covering your mouth and nose when coughing or sneezing, putting used tissue in the bin or toilet, avoiding close contact with people who are unwell.
- If ANY guest has been in contact with anyone who has tested positive for COVID-19 (Coronavirus) within the last 14 days, we ask that you follow the appropriate advice and do not travel to stay with us and notify us immediately.
- If you or anyone in your party is experiencing flu-like symptoms or has a cough /cold/temperature or any of the symptoms relating to COVID-19 (Coronavirus) we ask that you follow the appropriate advice and do not travel to stay with us and notify us immediately.
- If you develop symptoms that could be related to COVID19- (Coronavirus) whilst staying at our accommodation please inform us immediately, self-isolate in your accommodation and request a test immediately. If you are confirmed to have COVID-19 (Coronavirus) you will be asked to return home if possible and safe to do so. If you are unable to return home your circumstances will be discussed with a doctor, and of necessary the local authority. If you are advised to remain in your accommodation longer than booking, subsequently affecting future arrivals, you will be expected to pay for further accommodation costs, and this will be discussed as and when required.
- If you have ANY concerns about you stay with us, please just contact us and we will be happy to answer any queries.



- If you need to cancel your booking due to COVID-19 (Coronavirus) our standard cancellation policy applies, which states if you cancel your booking 7 days or less prior to arrival you will be liable for the full cost of the whole reservation you have booked. However, as a gesture of goodwill, we will obviously deal with each case to case basis. Where you wish to postpone your booking to a later date, we will hold any monies paid as a deposit against a future booking to be taken within 12 months of cancellation.
- Where the booking must be cancelled due to Government Lockdown, we will advise each guest individually by telephone and discuss if they would like to postpone and clarify all policies on such at the time of such an event.

All changes to guest check in / check out and other contact situations are detailed within the Guest Information below in the appropriate section.

We thank you for taking the time to read these very important changes to policies and procedures. We must all remember they are there for the safety of us all and to ensure safe and happy stays here at Beech Lodge.



Valid 2020

## COVID-19 Industry Standard

In Partnership with;

The National Tourist Organisations of Great Britain and Northern Ireland

In recognition that this business has confirmed that they have followed government and industry COVID-19 guidelines, ensuring processes are in place to maintain cleanliness and aid social/physical distancing.

VisitEngland

 tourism  
northernireland

 Visit  
Scotland | Alba

 Cymru  
Wales



# Committed to clean

Welcome! We're committed to Airbnb's enhanced cleaning protocol, which has been developed in partnership with experts in health and hospitality. Here's what we've done to clean and sanitise the space:

**Approved products**

We use disinfectants approved    We wore protective equipment, like by global health agencies to help    a mask and gloves, while cleaning prevent the spread of COVID-19

**Protective equipment****Cleaning supplies on hand**

**Thoroughly clean**    We provide extra cleaning supplies,

Each room has been cleaned    so you can clean as you stay following extensive cleaning checklists

**Every surface sanitised**

All high-touch surfaces have been sanitised, such as doorknobs, cabinets and light switches

---

This space is cleaned and managed by KIRSTY DODDS

---

This cleaning summary is provided by your host. It's not a statement made by or on behalf of Airbnb. To learn more about the protocol, visit [airbnb.com/cleaning](https://airbnb.com/cleaning)





## **EMERGENCY INFORMATION**

### **In The Event of the Fire Alarm Sounding**

In the event of the fire alarm sounding please evacuate the building as quickly & calmly as possible to the assembly point, the centre of the main car park area. Please close all doors behind you. Do not stop to pick up belongings. Do not re-enter the building until authorized to do so.

Please familiarise yourself with your means of escape which in all cases is through the main front entrance door of the building. Once outside make your way to the centre of the main car park area where a roll call of all residents will be taken.

**Please do not leave your keys in the bedroom door lock.** This is to ensure we can gain access to all our rooms during any emergency.

If you have any hearing, sight or mobility difficulties which may make it difficult to evacuate the building in the event of an emergency please notify us upon arrival so that we can assist you.

### **In The Event of Finding a Fire**

Dial 999 and ask for the Fire Brigade & alert us via the internal bell in the Guest Breakfasting Room.

**Under no circumstances should you attempt to attack the fire**

Provide our details as follows:

THE STEADINGS & BEECH LODGE, RAMELDRY MILL ROAD, KETTLEBRIDGE, FIFE, KY15 7TY

TEL: 01337830493

### **Other Emergencies**

If you require any of the Emergency Services (Police, Fire Brigade or Ambulance) call 999. Should you need to contact any of these services please notify us, if we are not in-house please call the contact number next to the internal bell within the guest breakfasting room.





## **MEDICAL INFORMATION**

### **Doctors Surgery**

Howe of Fife Medical Practice, 27 Commercial Road, Ladybank, KY15 7JS

Tel: 01337 830765

Opening Hours: Monday-Friday : 08:30-18:00 – Closed 13:00-14:00 for lunch  
: Closed Saturdays & Sundays

**NHS 24 – out of hours GP & assistance – dial free 111**

### **Local Chemist**

Davidson's Pharmacy, 30 Commercial Road, Ladybank, KY15 7JS

Tel: 01337 830425

Opening Hours: Monday-Friday : 09:00 – 18:00 – Closed 13:00-14:00 for lunch  
Saturday : 09:00 – 12:30 – Closed on Sundays

### **Dentist**

NHS: Cupar Dental Access Unit, Adamson Hospital, Bank Street, Cupar, KY15 4JG

Tel: 01334 656276

Opening Hours: Monday-Friday : 08:30-17:00 – Closed 12:30-13:00 for lunch  
Closed Saturdays & Sundays

### **Hospitals**

#### **Minor Injuries**

Adamson Hospital, Bank Street, Cupar, KY15 7JG

Tel: 01334 651200

Opening Hours: Monday-Friday 0830:18:00

#### **Main Hospital – Emergency 24 Accident & Emergency**

Victoria Hospital, Hayfield Road, Kirkcaldy, Ky2 5AH

Tel: 01592 643355



## **CHECK IN & REGISTRATION**

On arrival please come to the main house, The Steadings. You will be greeted at the recommended social distancing 2 mtr, subject to change by Scottish Government, and all staff will wear the appropriate face mask protection. We will then show you where Beech Lodge is situated and guide you in respect of car parking spaces available. Your cabin will be unlocked and the key hanging up within the cabin in the key store above the dining table.

Around a week before your arrival we will have contacted you to arrange your arrival time and send you a link to our website where you can watch our contactless welcome/check-in video. This will show you around the whole of your accommodation, detailing any operations you may need to know and showing you the location of items, you will most likely use and those you may need during your stay.

A complete demonstration of how to safely and correctly open the hot tub cover, use the hot tub jet functions and close the hot tub will be shown on this video and are detailed further in this document.

Where you're stay is longer than 1 night, the hot tub will require a daily chemical treatment. This is for the safe and correct use, as per HSE guidelines, of the hot tub. We will arrange a time daily to come and administer these for your continued safe use.

## **CHECK OUT**

The latest check out is 12noon. We ask all guests to leave the key to the lodge hanging up in the key store above the dining table. We ask that you contact us by text, WhatsApp or telephone on 07885533860 30 mins prior to departure. This way we can social distance meet and ensure your stay was enjoyable and take any feedback, help with any questions or ideas for improvement or even organize your next stay. Most importantly it is to let us bid you a safe journey home and thank you for choosing to stay at Beech Lodge.



### **Take-away Dining**

The following takeaway services deliver to Beech Lodge and you will find a menu for each within this guest information folder:

Kettlebridge Bar & Italian Restaurant, Main Street Kettlebridge provide take away of their entire menu which is a fantastic Italian eating experience. From home made gorgeous pizza to steak or a lovely choice of pasta dishes it's a great alternative to the normal take away. This can be ordered by calling 01337 830232, during new restrictions we will advise verbally of any changes to the services they will provide. Currently you must order by telephone and pay by card over the phone. You then are advised of a time for pick up, they will then instruct you of the safe and organized areas and procedures for pick up. For the latest menu check out their Facebook page or simply call and they will send to you.

The Good Food Hut, Auchtermuchty – tel 01337 828380 – you can find their online menu and order online by clicking the link [www.thegoodfoodhut.co.uk](http://www.thegoodfoodhut.co.uk) good old fashioned home cooking delivered

Oriental Café, Chinese Takeaway, Ladybank - tel: 01337 832888 – You can find their online menu by clicking the link [Oriental Cafe Takeaway Ladybank](#)

Chopstix, Chinese Takeaway, Markinch– tel: 01592 769299 – You can find their online menu by clicking the link [Chopstix Chinese Takeaway Markinch](#)

Aangan Indian Restaurant and Takeaway, Cupar – tel: 01334 652998 / 01334 652228 – You can find their online menu by clicking the link [Aangan Indian Takeaway](#)

A List of local restaurants and village pubs providing lunches & evening meals is provided at the rear of this information book should you require assistance for booking these please let us know as we are happy to help.



## **KEYS**

For security for yourself and Beech Lodge interior please ensure when leaving to go out and about you lock the door and take the key with you, please do not leave the cabin unlocked when you are not here. Any loss of keys will be charged for replacement and we must be notified immediately if a key is lost.

## **Duvets Pillows & Linen Changes**

Our duvets are goose & duck feather with one feather pillow & one allergy pillow per guest. Should you have allergies that you have not covered during your booking or check in please let us know and we can change these to allergy friendly duvet & pillows accordingly.

If you require an additional pillow please let us know and we will happily provide you with one.

In line with regulation & environmental recommendations in the light of the COVID-19 Pandemic we will seek your needs of change when stays are longer than 4 days. In these circumstances should you wish the linens and towels changed we require to arrange with you the guest, an appropriate time for you to vacate the accommodation to allow us to safely change such for you.

## **Towels**

2 bath sheets & toweling robe is provided per guest & 1 bathmat is provided. A basket on the outside veranda houses outdoor use towels as mats for safety in getting in and out of and use around the hot tub area. Again, in line with regulation & environmental recommendations currently in place we change these items every fourth day of your stay. There is a washer/dryer in the cabin should you wish to launder these items in the interim period during longer stays. Should you require additional towels these can be provided at a small additional cost as detailed below:

Hand Towel: £2.00 per towel

Bath Sheet: £3.00 per towel

Bath Mat: £2.00 per mat

Bath Robe £4.00 per robe

## **Complimentary Guest Toiletries**

Shampoo, body wash & anti-bacterial hand soaps and antibacterial hand sanitisers have been provided with our compliments these will be replenished as they are used. We ask all guests in line with the COVID-19 (Coronavirus) guidelines to consistently wash hands and use sanitizer throughout your stay.

## **Sundry Supplies**

There are a small supply of dried herbs, tea and coffee and sugar within the cabin on arrival.



### **Our Water**

Here at The Steadings we are proud to provide our very own fresh mineral water direct from our very own bore hole, stunningly fresh & with a gorgeous taste, our water is safe to drink straight from the tap.

### **Cleaning**

When you arrive at your accommodation, you will find that it has been cleaned and prepared in line with the afore mentioned new COVID-19 (Coronavirus) cleaning protocols. These will be updated as any updated are issued by the governing bodies. A completed and signed check list of every turnaround prior to your arrival is held within our records and can be seen on request. As part of our Terms and Conditions, you agree to be a considerate tenant and to take good care of the Property and to leave it in a clean and tidy condition at the end of the rental period.

Whilst you are not expected to fully and deeply clean the whole house on your departure, you are expected to perform some basic cleaning tasks. Regardless of whether you have paid for an and of stay clean, the following should always be carried out prior to vacating the property:

- \* Wash-up and tidy all kitchen items
- \* Empty fridge/freezer/washing machine
- \* Remove all perishable foodstuffs from cupboards

### **Heating**

The Heating in Beech Lodge is set @ 18 degrees. If the temperature goes below this it will automatically come on to bring the rooms to this temperature once more. Should you require to get a little cozier you can increase the heat by way of turning the thermostat located at the end of the low fixed unit next to the TV chest unit. Simply roll the dial to your required temperature, again like as set when the temperature goes below your chosen level it will automatically come on.

There are heaters in the lounge and both bedrooms and a heated towel rail within the bathroom. The heated towel rail is always on, should you wish to switch this off this is done at the switch to the bottom of the rail itself.



### HOT TUB AREA & OPERATION & USE

There is raised decking area access to the tub, simply walk down into the tub.

*There are 3 steps down to floor level. This is where you should stand in order to safely open the cover of the tub and put into place as per instructions shown at check in and detailed below.*

*The hot tub requires chemicals every day in order to be enjoyed safely. On check in we will agree with you a time in which we can pop across and administer such, this process takes no longer than 15 mins and we will not have to bother you. It is usually done in the morning to ensure it is then all perfect for you to enjoy for the whole day & night.*

We will always demonstrate to all of our guests on arrival how to access the hot tub, remove cover and operate jets and lights. However we would be grateful if you would also take the time just to read over our operating procedures and rules within this book and displayed outside at the hot tub area to ensure you are enjoying safe use of the facility.

### HOT TUB RULES - DO

- **AT NO POINT MUST ANYONE WALK ON THE HOT TUB COVER, THIS IS BOTH FOR YOUR SAFETY AND TO ENSURE NO DAMAGE TO THE HOT TUB AND THE COVER ITSELF.**
- **GUESTS MUST SHOWER BEFORE USING THE HOT TUB, THIS IS IN ORDER TO REMOVE ANY MOISTURISERS, PERFUMES OR FAKE TAN RESIDUE THAT WILL AFFECT THE CLARITY OF THE WATER AND CHEMICAL BALANCES. THIS ENSURES A PLEASANT EXPERIENCE FOR ALL. GUESTS SHOULD ALSO SHOWER AFTER USING THE HOT TUB.**
- *To open the cover. There are 3 clips that secure the cover to the tub. These are all easily accessible and **MUST be unclipped prior to lifting the tub cover off.** After use these must be again clipped into place to ensure the lid is safely back in place.*
- *Once the clips are unclipped slowly and in a controlled manner lift the front section of the cover to the centre and fold all the way flat onto the second section of the lid.*
- *Once in the centre, again slowly and in a controlled manner you can lift the entire cover by sliding the whole cover towards the back of the tub. **This must be done slowly and ensure you are holding and guiding the lid at all times.***
- ***The cover must be replaced when not in use to obtain temperature and ensure safety at all times.***
- *When replacing the cover, again slowly and controlled hold the entire cover over and towards the front until it rests again on the tub itself. Then flip forward the front section slowly into place gain and **all 3 clips must be secured back in place.***
- ***Please take care when using the hot tub and do not run when wet underfoot. A Mat has been provided to have at the entrance to the hot tub to avoid slip hazards, please use this.***



- Drinks can be consumed around the hot tub area, please do so with care not to spill drinks into the water.
- Lights and jets are operated from both the wall and insitu panel on the tub itself. The temperature is set at 39 degrees and cannot be changed by guests. This action is locked and can only be altered by staff.
- Make sure all users know where the mains power switch is in vase you need to power off. DO NOT power off unnecessarily.
- Take care entering and leaving the hot tub, muscles may be relaxed enough to make you unsteady.

#### **HOT TUB RULES – DO NOT**

- **DO NOT GET INTO A HOT TUB WEARING FAKE TAN, MAKE UP, BODY CREAM ETC. IT WILL CASUE SIGNIFICANT DAMAGE TO THE TUB.**
- **DO NOT USE THE HOT TUB CONTINUOUSLY FOR MORE THAN 2 HOURS AT A TIME. RUNNING THE PUMPS AND LEAVING THE LID OPEN FOR LONGER WILL RESULT IN TEMPERATURE LOSS AND DITERIORATION OF WATER QUALITY. WE RECOMMEND 2 SEPARATE HOURS THROUGH THE DAY.**
- **DO NOT EAT FOOD OR SMOKE IN THE TUB.**
- **DO NOT IMMERSE YOUR HEAD UNDER WATER. THIS WILL RELEASE RESIDUAL SHAMPOO/CONDITIONER AND CAUSE EXCESSIVE FOAMING.**
- **DO NOT PUT ANY WEIGHT ON THE LIDS AS THEY WILL DAMGE OR BREAK THE LIDS.**
- **DO NOT USE THE HOT TUB IN HIGH WINDS THIS WILL DAMAGE THE LID AND BE A SAFETY HAZARD.**



### **HOT TUB HEALTH WARNINGS**

**NO children under the age of seven may use the tub.**

**DO NOT leave children unattended in or near the tub.**

**DO NOT use the tub if you are unwell, have high blood pressure, are pregnant, sensitive to chlorine or have any open wounds. If you have any doubts, ask your doctor before booking.**

**And finally:**

**1. You use the hot tub at your own risk.**

**2. We cannot be held responsible for your safety whilst you are using the hot tub.**

**3. You will be held responsible for any damage.**

**In the event that we have to empty a tub to do a complete water change necessitated by any misuse, we will levy a charge of £75.**

***A LOG OFF ALL DAILY HOT TUB CHEMICAL MAINTENANCE AND CLEANING PROCEDURES IS KEPT ON OUR RECORDS.***





## **EXTERNAL ENTRANCE & SURROUNDS OF BEECH LODGE**

Outside car park lighting is on from approx. 9/10pm (dependent on the season) and will go off at midnight each evening.

Beech Lodge has PIR sensor lighting around its perimeter in the eaves of the property.

There are 2 steps with an opening gate 795mm onto a solid wood surface decking/veranda which leads to the main cabin door which is 800mm (W) X 1900mm (H).

## **ENTERING BEECH LODGE**

On entering Beech Lodge there is a door mat and small lip on the floor of the entranceway with a foot mat immediately inside the door.

## **KITCHEN AREA**

The Kitchen is open plan style within the main area of the cabin and is situated to the left-hand side as you enter Beech Lodge.

There is a table and 4 chairs, with an additional 2 folding chairs for max capacity of guests, if required, within the shed attached to the side of the cabin as shown at check in.

The worktop & sink are 910mm above the floor level.

The oven with grill is complete with oven trays for cooking. The Oven door drops down by handle (700mm above the floor) and the hob is 920mm above the floor. To use the oven select and press the hand sign to use manually to set temperature desired. Instruction manual can be found in the top drawer of the TV unit.

There is a fridge complete with small freezer compartment.

The kitchen is lighted with low voltage LED down lighters, should any go out and need replaced please just let us know.

There is a microwave, toaster, kettle & washing machine. Instruction manuals can be found in the rear of this book.

A selection of cookware, crockery, cutlery and cleaning utensils are supplied in the above cupboards & is fully detailed in the inventory kept pre and post arrival.

Anti-bacterial hand wash and anti-bacterial hand sanitiser is provided.



## **SITTING ROOM**

Open plan style living area with sitting room area to the right as you enter Beech Lodge.

Complete with corner sofa with sofa bed function and a further floor cushion for additional sitting. Full sofa bed instructions can be found in the rear of this book.

Wide screen SMART LED TV. All controls are sanitised at each turnaround and placed in a protective bag, these are disposed of and replaced at each turnaround.

Free Wi-fi throughout: Password: Beech Lodge

There is a selection of games within the top drawer of the TV unit.

There is a selection of books on the sideboard unit for guests to enjoy. Should you be thoroughly enjoying your book and wish to take it with you when you leave we would ask that a small suggested donation of £1 be left. All proceeds will go to support the kidney dialysis units at both St Andrews and Kirkcaldy & we thank you in advance.

The trunk style coffee table houses the extra pillows for sofa bed use if required by your booking and the additional duvet is complete & dressed with linens in the lower drawer of the TV unit.

## **BATHROOM**

Entrance door to bathroom, 700mm (W) X 1950 mm (H), complete with look to inside of door.

The bathroom has a mirrored wall mounted vanity unit, WC with self closing lid, sink with mirror complete with shelving unit and sundries holder & anti-bacterial hand soap and anti-bacterial hand sanitiser. Extra toilet rolls can be found in the small wooden boxes under the sink.

The shower door slides in 2 halves and the entrance when fully open is 410mm (W).

You step into the shower basin over a 150mm lip.

The ventilation fan operates when the light is put on.

The shower is turned on at mains on the wall outside of the bathroom next to the door frame and should be switched off when not in use.



### **BEDROOM 1 – NEXT TO TV UNIT**

Entrance to the bedroom is 800mm (W) X 1940mm (H)

The bedroom is complete with a dressing table with mirror & hairdryer located in an upper drawer, small waste bucket, stool and a small lamp for extra lighting.

There are 2 bedside chest of drawers each with bedside lamps.

There is a slim wardrobe complete with hangers. There is a wall mounted heater and a number of wall hooks.

### **BEDROOM 2**

Entrance to the bedroom is 800mm (W) X 1950mm (H)

The bedroom is complete with a dressing table with mirror & hairdryer located in an upper drawer, small waste buckets, stool and a small lamp for extra lighting.

There are 2 bedside chest of drawers each with bedside lamps.

There is a slim wardrobe complete with hangers. There is a wall mounted heater and a number of wall hooks.

### **OUTSIDE SHED**

This is located to the side of the cabin. It provides space for you to store empty suitcases should you require it. Situated within the shed is an iron & ironing board, inside and external brushes and mop with bucket and sundry cleaning items

### **RUBBISH AND RECYCLING**

Located within the outside shed are also 2 blue crates, please put all glass bottles in one and any plastics in the other for us to recycle. Any full rubbish bags are to be left in this shed also. On longer stays we will empty these recycling and rubbish areas every 2<sup>nd</sup> day. Should you have more rubbish during festive periods/longer stays please contact us on 07885533860 by text, WhatsApp or phone and we will arrange to uplift these.



## **LOCAL AMENITIES**

### **Post Offices with Cash Machines**

Kingskettle Post Office: Within Kettle Convenience Store, 6 South Street, Kingskettle, KY15 7PL

Ladybank Post Office: Within Spar Convenience Store, 54 Commercial Road, Ladybank, KY15 7JS

Freuchie Post Office: Within Spar Convenience Store, High Street, Freuchie, KY15 7EY

### **Banks**

Bank of Scotland: 3 The Cross, Cupar, KY15 4BP

Lloyds TSB: 46 Crossgate, Cupar, KY15 5HS

Royal Bank of Scotland: 18 Crossgate, Cupar, KY15 5HJ

### **Petrol Stations**

Bridgend Services: Ladybank Road, outskirts of Freuchie, KY15 7HY – also has a Subway takeaway

Tesco Superstore: South Road, Cupar, KY15

Asda Superstore: Fullerton Road, Glenrothes, KY15 5QB

Morrison Superstore: Flemington Road, Glenrothes, KY15 5QF

### **Garages**

AK Automotive, within Bridgend Services: Ladybank Road, outskirts of Freuchie, KY15 7HY



## **LOCAL TRANSPORT**

### **Taxi Services**

Freuchie Taxis: 01337 858722 / 07834551509 – offer a late evening service & are our preferred service

Falkland Taxis: 01337 857485

Kettle Taxis: 01337 830256

### **Trains**

National Rail Enquiries: [www.nationalrailenquiries.co.uk](http://www.nationalrailenquiries.co.uk) tel: 0345484950 (24hrs)

Ladybank Train Station, Commercial Road, Ladybank, KY15 7JS

Cupar Train Station, Station Road, Cupar, KY15 5HX

Markinch Train Station, Mitchell Terrace, Glenrothes, KY7.

Regular train links to Edinburgh, Perth, Dundee & more from each of the above stations.

### **Buses**

Stagecoach Bus Timetables: [www.stagecoachbus.com](http://www.stagecoachbus.com)

Local Buses from Kettlebridge bus stop at Cupar Road, Kettlebridge

Glenrothes Bus Station, Postgate, Glenrothes, KY7 5LH

Regular local bus routes & further afield routes to Cupar, St. Andrews, Edinburgh, Perth, Dundee & more from all of the above stations/stops.

## **WALKING IN THE AREA & BEYOND**

Here at The Steadings we have several lovely walks direct from our doorstep just ask and we can direct you and provide some personal favourites by way of maps & directions. Over and above these Falkland Village provides a vast array of walks through the Lomond Hills & surrounding area. Below we have detailed a main website that details all of our surrounding walking routes from leisurely strolls to longer treks & nature walks. These are available to download on your mobile however should you wish to have any of these printed off please feel free to ask us and we can print these for you.

[www.walkhighlands.co.uk](http://www.walkhighlands.co.uk)

When accessing the site you are searching for East Neuk of Fife, Falkland & St Andrews.



## **PLACES TO EAT & DRINK**

**PLEASE NOTE IN LINE WITH CURRENT COVID-19 (CORONAVIRUS) THE RESTAURANTS BELOW MAY BE OPERATING IN RESTRICTED FORMATS. WE WILL INFORM YOU ON ARRIVAL TO THE BEST OF OUR KNOWLEDGE THEIR WORKING TIMES AND OFFERINGS, HOWEVER WE ALWAYS ADVISE PHONING THEM DIRECT FOR FULL INFORMATION AND TO BOOK.**

Below we have provided a list of lovely local restaurants & pubs that surround us & some a little bit further afield in St. Andrews. There is a wealth of restaurants & cafes over and above these so please let us know if you would like help sourcing any others than those listed. We welcome recommendations from our guests, should they try a restaurant we may not have been to, so we can list them for future guests to enjoy.

Should you wish to take advantage of these offers please let us know and we can provide you with a voucher or information. Should you wish assistance in booking any local establishments we will happily do this for you.

**Kettlebridge Bar & Restuarant** 9 Cupar Road, Kettlebridge Tel: 01337 830232.

**Pitlessie Village Inn** Cupar Road, Pitlessie TEL: 01337 830595

**Lomond Hills,** High Street, Freuchie TEL: 01337830595

**Little Venice,** The Cross, Cupar TEL: 01334 650557

**Watts,** Station Road, Cupar TEL: 01334657938

**Rumbledethumps, The Dairsie Inn** 45 Main Street, Dairsie TEL: 01334870273

**Shehnai Indian Restaurant** 27 Crossgate, Cupar TEL: 01334655784

**The Peat Inn Restaurant** Peat Inn Nr St.Andrews KY15 LH TEL: 01334 840206

**The Taileend Restaurant & Fish Bar** 130 Market Street, St Andrews TEL: 01334 474070

**Forgans** 110 Market Street, St. Andrews TEL: 01334 466 973

**The Dolls House** 3 Church Square, St. Andrews TEL: 01334 477422



## **OUT & ABOUT**

We have a wealth of information leaflets as well as personal recommendations on things to do & see please just take a look at our leaflet display in the main hall or ask us. Below is a small compilation of these.

### **Local Tourist Attractions**

- Fife Zoo: Birnie Field, Ladybank, KY15 7UT TEL: 01337 258214
- The Scottish Deer Centre : Bow of Fife, Cupar, KY15 4NQ TEL: 01337 810391
- Cairnie Fruit Farm & Mega Maze : Cairnie, Cupar, KY14 4QV TEL: 01334 655610
- Muddy Boots: Balmalcolm, KY15 7TS TEL: 01337 831222

### **Golfing**

- Kingarrock Hickory Golf Course: Hill of Tarvit Mansion House, Cupar, KY15 5PB TEL: 01334 653421
- Ladybank Golf Course: Annsmuir, Ladybank, KY15 7RA TEL: 01337 830320
- The Old Course, The Links House, St Andrews, KY16 9XL TEL: 01334 466718

### **Fishing**

- Goldenloch Fishery : Berryhill Farm, Newburgh, KY14 6HZ TEL: 01337 840355

### **Places of Historical Interest**

- Scotland's Secret Bunker: Crown Buildings, Troywood, St.Andrews, KY16 8QH TEL: 01333 310301
- Falkland Palace & Gardens: East Port, Falkland, KY15 7DA TEL: 01337 857397
- Hill of Tarvit Mansion: Cupar, KY15 5PB TEL: 01334 653127
- Scotlands Secret Bunker



## GENERAL INFORMATION

### Wi-Fi Access

The SSID is: **Beech Lodge** : please note there is a space between the words

The Wi-Fi access code is: **Beech Lodge 2020** :\*\*PLEASE NOTE THERE IS A SPACE BETWEEN EACH WORD\*\*

### Noise

Everyone has to live together so in this respect please keep noise to a minimum during the late hours. After 11pm we would ask that outside volume be kept to a reasonable level. NO OUTDOOR MUSIC AFTER 11pm and NO USE of HOT TUB JETS AFTER 11pm, you may enjoy the hot tub as late as you like, however the noise levels must be kept to a minimum after 11pm. Any complaints from the neighboring guests and residents will be dealt with immediately.

### Smoking

Smoking is not permitted inside Beech Lodge however you can smoke on the veranda but please respect the carrying of smoke into the cabin itself and smoke respectfully of this.

### First Aid

Should you require the use of a first aid box you will find this located in a drawer within the TV unit.





## **OPERATING MANUALS**

Below are links to the operating manuals for items within Beech Lodge

Dyson Hoover : [Dyson Hoover](#)

Oven/Hob & Grill : [Oven/ Hob & Grill](#)

TV speaker (in front of TV) : [TV Speaker \(In front of TV\)](#)

Electric Radiators (In Bedrooms): [Electric Radiators In Bedrooms](#)

Microwave: [Microwave](#)

BT Smart Hub [BT smart Hun](#)

Washing Machine/Tumble Dryer Combined: [Washing Machine/ Tumble Dryer Combined](#)